



Kentwood Public Schools Smart Snack Policy



Smart Snacks for Schools policy went into effect on July 1, 2014 per the USDA as part of the Healthy, Hunger Free Kids Act of 2010. In order for our schools to be compliant we must follow certain guidelines regarding foods sold in schools, fundraisers, and more. These regulations are in effect from midnight until 30 minutes after the end of the school day. Please read below for further information.



Wondering how "for sale to students" is defined? Any food provided to students that requires payment, contribution, or the exchange of tickets or tokens of any sort would be required to be compliant with the Smart Snacks nutrition standards. Items not available to students (such as food available only to adults) for consumption during the school day or food brought in for sack lunches, school celebrations, holiday parties, etc. would be exempt.



To help PTOs, Teachers, Administrators, and any other groups affected by these changes we have established this page to serve as a reference tool. As always, if you have any concerns or questions please feel free to contact the Child Nutrition Department for more guidance.



To Qualify as a smart snack, a snack or entree must first meet the general nutrition standards.

***Be a grain product that contains 50 percent or more whole grains by weight (have a whole grain as the first ingredient); or**

***Have as the first ingredient a fruit, a vegetable, a dairy food, or a protein food; or**

***Be a combination food that contains at least 1/4 cup of fruit and/or vegetable (for example, 1/4 cup raisins with enriched pretzels); and**

***The food must meet the nutrient standards for calories, sodium, fats and total sugars**

Nutrient Snack Entree

Calories	200 calories or less	350 calories or less
Sodium	200 mg or less	480 mg or less
Total Fat	35% of calories or less	35% of calories or less
Saturated Fat	Less than 10% of calories	Less than 10% of calories
Trans Fat	0 g	0 g
Total Sugars	35% by weight or less	35% by weight or less