

Counselors Corner

Highlights



In October, Crestwood's Social Emotional Learning (SEL) Lessons focused on unity, acceptance, and inclusion, encouraging students to apply these values in their daily lives.

To support this, the counseling department had all students complete a wellness survey. Their feedback will help us enhance support and promote unity.

Mental Health

The school counselors visited the 8th grade ELA classrooms to discuss mental health. We emphasized its importance through an engaging game called Quizizz, which sparked meaningful discussions among students.

Career Lunches

Career lunches have started!

Our first lunch was a success, with students learning about the career of veterinary medicine.



Report Cards

Marking period one report cards are posted to ParentVue. Be sure to log into your account to view your student's report card.

Honor Roll

Students with a 3.0 GPA are honored for their academic achievement.

Students will be given certificates acknowledging their achievements.



Upcoming Events

Career Lunches

December 6th:
Crime Scene Investigator



Career Development Lessons

Students will use Xello - an engaging college and career readiness online software that fully engages every student in building the skills, knowledge, and plans for future success

Mental Health

Self Care

While the holidays are a time to celebrate, they can also be a time of stress. Practicing self care is one way to take care of yourself and manage stress. Self-care can be done in a variety of ways:

- Schedule time for yourself
- Get enough rest
- Eat healthy
- Move- get exercise
- Get outside daily
- Do something you enjoy
- Practice deep breathing
- Set boundaries- try not to over-commit

