THE SEL MONTHLY

MARCH 2025

KENTWOOD PUBLIC SCHOOLS

As part of our commitment to fostering social and emotional learning (SEL) in our school community, we are excited to introduce our new focus on responsibility! Responsibility helps students become independent, manage their time, and stay accountable. It improves their learning, builds trust with teachers and friends, and prepares them for the future. Responsible students make better choices, feel more confident, and create a positive school environment, setting them up for success in life

Here are some simple responsibilities children can have at home:
- **Keeping their room tidy –** Making the bed and putting away toys.
- **Helping with chores –** Setting the table, dusting, or folding laundry.
- **Taking care of pets –** Feeding or giving water to pets.
- **Completing homework –** Finishing schoolwork on time.
- **Following house rules –** Respecting bedtime and screen time limits.
- **Helping younger siblings –** Assisting with small tasks or playing nicely.
- **Putting things away** – Returning books, shoes, or dishes to their place.

These tasks help children build responsibility and good habits for the future!

QUICK TIPS TO MAKE IT EASIER

Here are some ideas to help:
- **Start small** – Don't wait for a big situation to practice responsibility. Start with cleaning up messes, helping after dinner or putting down devices when someone is talking to give them full attention.
- **Think Long-Term**- Teaching responsibility and accountability now will make life easier later.
- **Be Okay with Not Being Perfect-** Nobody gets it right every time. Focus on trying to do what is right and not perfection.

This is hard, but it is worth it! Accountability and responsibility is what makes a person dependable and the fastest way to earn trust, respect, and build confidence!

MARCH IS READING MONTH
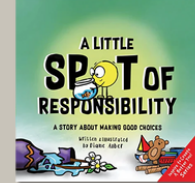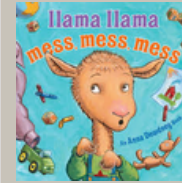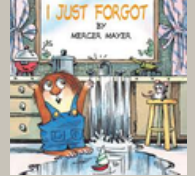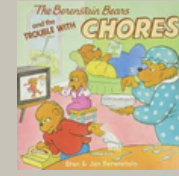
Kentwood Public Library
4950 Breton Rd, S.E.
Kentwood, MI 49508

Gaines Charter Township Public Library
421 68th St, S.E.
Grand Rapids, MI 49548

SOME PRETTY GOOD REASONS TO BE **RESPONSIBLE**

RESPONSIBILITY starts with ME