

THE SEL MONTHLY

APRIL 2025



KENTWOOD PUBLIC SCHOOLS

As part of our commitment to fostering social and emotional learning (SEL) in our school community, we are excited to introduce our new focus on belonging and inclusion! This means we are working to ensure that every child feels valued, accepted, and connected within our school community. We want all students to feel safe, respected, and confident to be themselves while building positive relationships with others.

Through classroom activities, discussions, and school-wide initiatives, we will help students develop important life skills like kindness, empathy, and respect for differences. Our goal is to create a school environment where everyone feels like they truly belong! Thank you for partnering with us in making our school a welcoming and inclusive place for all.

Here are some simple ways to encourage inclusion at home:

- **Encourage Open Conversations -**Having children express themselves is important.
- Model Empathy & Kindness -Show your child how to listen actively and consider others' feelings.
- Practice Inclusion in Daily Life Encourage your child to ask others to play with them.
- **Use Positive Affirmations** Encourage self-confidence with statements like, "You belong," and "Everyone has value."

CELEBRATING DIFFERENCES

Here are some ideas to encourage your child to celebrate differences:

- Talk About Uniqueness Discuss what makes each person special and why differences are great.
- Read Diverse Books Choose stories with characters from different cultures, backgrounds, and abilities.
- **Explore New Cultures -** Try foods, music, or traditions from different parts of the world.
- Use Inclusive Language Teach kids to speak kindly and appreciate others' differences.
- Encourage Curiosity & Respect Help kids ask respectful questions and learn about others
- **Highlight Strengths in Differences -** Show how diverse talents make teams and friendships stronger.

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APRIL IS AUTISM AWARENESS MONTH















