



THE SEL MONTHLY



APRIL 2024

KENTWOOD PUBLIC SCHOOLS

DURING THE MONTH OF APRIL WE ARE HIGHLIGHTING RESPONSIBLE DECISION MAKING AS ONE OF OUR 5 CASEL COMPENCIES. EACH FAMILY IS UNIQUE, FILLED WITH UNIQUE VALUES AND CULTURES. THERE IS NO SUCH THING AS PERFECT PARENTING. WE CAN SHARE OUR IDEAS WITH AN OPEN MIND AND HEART. SHARING OUR FAILURES AND SUCCESSES TO OUR CHILDREN ALSO SHOWS HOW VALUABLE RESPONSIBLE DECISION MAKING CAN BE. HERE ARE FEW TIPS TO HELP YOU ALONG THIS JOURNEY.

1. ENCOURAGE YOUR CHILD TO BE A PART OF THE DECISION MAKING PROCESS
2. GIVE YOUR CHILD THE OPTION TO PRACTICE MAKING DECISIONS
3. MODEL MAKING HEALTHY POSITIVE DECISIONS
4. TEACH HEALTHY COPING SKILLS FOR NAVIGATING CHALLENGING DECISIONS
5. DISCUSS SOCIAL SITUATIONS AND HOW TO MAKE POSITIVE DECISIONS

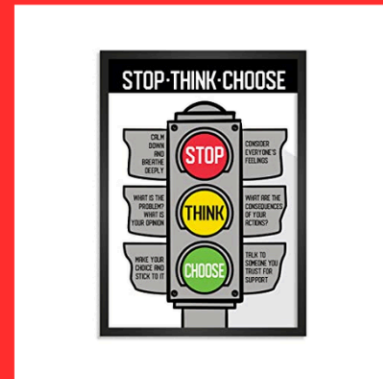
HERE IS A SHORT VIDEO TO HELP TEACH CHILDREN RESPONSIBLE THINKING SKILLS



PICTURE BOOKS THAT TEACH RESPONSIBLE THINKING SKILLS TO CHILDREN:

- MY MOUTH IS A VOLCANO
- DAVID GETS IN TROUBLE
- WHAT IF EVERYBODY DID THAT?
- THAT RULE DOESN'T APPLY TO ME
- A LITTLE SPOT OF RESPONSIBILITY
- THE EMPTY POT
- SAY SOMETHING
- FRANKLIN WANTS A PET

STOP, THINK, AND CHOOSE VISUAL



GAMES THAT TEACH RESPONSIBLE DECISION MAKING AT HOME

GAMES CAN PROVIDE CHILDREN OPPORTUNITIES TO EXPLORE SCENARIOS, EVALUATE OPTIONS AND EXPERIENCE CONSEQUENCES FOR THEIR DECISIONS.

HERE ARE A FEW EXAMPLES:

- SIMON SAYS
- TIC TAC TOE
- CHECKERS
- HIDE AND SEEK
- DRESS UP/ROLE PLAY SCENARIOS
- MONOPOLY
- MEMORY