



Kent County Mental Health Resources

Updated September 2022

Crisis Information

Network 180: (616) 336-3909

Pine Rest Urgent Care: (616) 455-9200

Helen Devos ED: (616) 267-1090

Suicide Hotline: 988

Public Resources for Adults, Children, Families

Network180

- Phone: (616) 855-5073 or (616) 336-3765
- Services Provided: Individual & family therapy coordination, groups, parent support services; all ages
- Insurance & Fees: Medicaid and other insurance is accepted; sliding scale
- Website: <https://www.network180.org/>
- Address: 790 Fuller Ave NE, Grand Rapids, MI 49503

Arbor Circle

- Phone: (616) 456-6571 or (616) 459-7215
- Services Provided: Group, individual, and family therapy; all ages
- Telehealth not available
- Insurance & Fees: Accepts Medicaid, medicare and most types of insurance, some programs are offered at sliding scale or no cost
- Website: <https://arborcircle.org/services/counseling-services/>
- Address: 1115 Ball Ave. NE Grand Rapids, MI 49505

Catholic Charities of West Michigan

- Phone: (616) 356-6247
- Services Provided: Family, individual, and children's counseling; all ages
- Telehealth not available
- Insurance & Fees: Medicaid and most other insurance; sliding scale
- Website: <https://ccwestmi.org/what-we-do/counseling-services/>
- Address: 40 Jefferson Ave SE Grand Rapids, MI 49503

Cherry Health

- Phone: (616) 965-8200 (Heart of the City Counseling Center); (616) 965-8333 (Wyoming Community Health Center)
- Services Provided: Adult and child therapy, CBT, DBT
- Insurance & Fees: Medicaid and most other insurance; sliding scale
- Telehealth available
- Website: <https://cherryhealth.org/locations/heart-of-the-city-health-center/>
- Address: 100 Cherry St SE Grand Rapids, MI 49503 (Heart of the City Counseling Center); 2929 Burlingame Ave SW Wyoming, MI 49509

Kent County Mental Health Resources

Family Outreach Center

- Phone: (616) 247-3815 (Grand Rapids Main Office)
- Services Provided: Individual, family, and group therapy; ages 5+
- Telehealth available
- Insurance & Fees: Medicaid and most other insurance; sliding scale
- Website: <https://www.focgr.org/>
- Address: 1939 Division St, Grand Rapids, MI 49507

Hope Network

- Phone: (855) 922-2282
- Services Provided: Individual, family, perinatal and marriage therapy; ages 8+
- Insurance & Fees: Medicaid, Medicare, Total Health Care, Blue Cross and more; sliding scale
- Telehealth available
- Website: <https://hopenetwork.org/therapy-and-counseling>
- Address: 385 Leonard St NE Grand Rapids, Michigan 49503

North Kent Guidance Services

- Phone: (616) 361-5001
- Services Provided: Family, individual, group therapy, CBT, DBT; ages 13+
- Telehealth available
- Insurance & Fees: Most insurance accepted; sliding scale
- Website: <https://www.northkentguidance.com/>
- Address: 5250 Northland Drive NE, Suite A Grand Rapids, MI 49525

Pine Rest Christian Mental Health Services

- (616) 364-1500 and (866) 852-4001
- Services Provided: Individual, couples, group and family therapy, CBT, DBT; all ages
- Insurance & Fees: Priority Health, Medicare, Blue Cross Blue Shield, ASR, Blue Care Network and Private Insurance; free or sliding scale
- Telehealth Available
- Website: <https://www.pinerest.org/>
- Address: 3225 N Evergreen Dr NE #301, Grand Rapids, MI 49525



Kent County Mental Health Resources

Wedgwood Professional Counseling Services

- Phone: (616) 942-7294
- Services Provided: Psychiatric services, Trauma-Focused Cognitive Behavioral Therapy, outpatient therapy; ages 5+
- Telehealth Available
- Insurance & Fees: Medicare, Medicaid and most other insurance; sliding scale
- Website: <https://www.wedgwood.org/>
- Address: 3250 36th Street SE, Grand Rapids MI, 49512

Ele's Place

- Phone: (616) 301-1605
- Services Provided: Peer grief support groups, school based grief groups, clinical consultations; ages 3-18
- Website: <https://www.elesplace.org/branch-locations/west-michigan>
- Address: 2000 Michigan Street NE Grand Rapids, MI 49503

Adolescent and Family Behavioral Health Services

- Phone: (616) 719-0194
- Services Provided: Child and family therapy, parenting support; ages 4+
- Telehealth Available
- Insurance & Fees: Medicaid and most other insurance
- Website: <https://www.adolescentfamilybhs.com/>
- Address: 2566 Woodmeadow Dr SE Grand Rapids, MI 49546

Counseling Center of West Michigan

- Phone: (616) 805-3660
- Services Provided: Outpatient therapy, psychiatry, testing/assessments; all ages
- Telehealth Available
- Insurance Accepted: Medicaid, Medicare, and most other insurance
- Website: <https://www.counselingcenterwm.org/>
- Address (several locations): 625 Kenmoor Ave SE Suite 215 Grand Rapids, MI 49546; 233 Fulton St E Suite 526 Grand Rapids, MI 49503; 360 East Beltline Ave NE Suite 100 Grand Rapids, MI 49506



Adult-Specific Services

InterAct of Michigan

- Phone: 1-269-303-2275
- Services Provided: Mental health and substance use support; ages 18+
- Website: https://connect.hwmuw.org/agency/detail/?agency_id=111945
- Address: 1131 Ionia NW Grand Rapids, MI 49503

Reliance Integrated Wellness Center

- Phone: 616-954-1555
- Services Provided: Individual and group therapy; ages 18+
- Insurance & Fees: Ambetter, Blue Cross Blue Shield of Michigan, Blue Cross BlueShield National, Priority Health
- Telehealth Available
- Website: <https://reliancewellness.org/about/>
- Address: 2100 Raybrook SE, Suite 203 Grand Rapids, MI, 49546

Psych Evaluations

Pine Rest Christian Mental Health Services

- Phone: (866) 852-4001
- Insurance: Priority Health, Medicare, Blue Cross Blue Shield, ASR, Blue Care Network and Private Insurance
- Telehealth Available
- Website: <https://www.pinerest.org/forensic-psychiatric-psychological-services/>
- Address: 300 68th Street SE Building A, Entrance A2 Grand Rapids, MI 49548

Helen Devos Children's Psychiatric Dept

- Phone: (616) 267-2830
- Insurance: Medicare and Medicaid and most other insurances
- Website: <https://www.spectrumhealth.org/services/mental-and-behavioral-health/adult-and-pediatric-services#pediatric>
- Address: 35 Michigan St NE #5201, Grand Rapids, MI 49503



Kent County Mental Health Resources

SHMG Psychology and Behavioral Medicine

- Phone: (616) 447-5820
- Insurance: Aetna, Blue Cross Blue Shield, First Health (Coventry Health Care)
- Telehealth Provided
- Website: <https://findadoctor.spectrumhealth.org/location/profile/18649>
- Address: 426 Michigan St NE, 3rd Floor Grand Rapids, MI 49503-5609

EasterSeals Michigan

- Phone: (616) 942-2081
- Insurance & Fees: Medicare, Medicaid, Priority Health and more; sliding scale
- Telehealth Available
- Website:
<https://www.easterseals.com/michigan/about-us/certified-community.html>
- Address: 4065 East Hills Court SE Grand Rapids, MI 49546

Specialty Networks

Mental Health Clinicians of Color Network

- <https://www.mhcocgr.org/>
- Services: Psychotherapy

The Pride Center Therapy Assistance Program

- Phone: (616) 458-3511
- Services: Youth group, young adult group, trans youth group, men's group, family group and more; ages 12+
- Telehealth Available

Private Practice

Wilson and Wynn Interventions

- Phone: (616) 647-3460
- Services Provided: Psychotherapy
- Insurance: Blue Cross Blue Shield, Priority Health, CareFirst Blue Cross Blue Shield
- Telehealth Available



Kent County Mental Health Resources

- Website: <https://wilsonandwynn.wordpress.com/>
- Address: 4519 Cascade Road South East, Grand Rapids, MI 49546, Grand Rapids, MI 4954

Resilience Therapy

- Phone: (616) 236-3600
- Services Provided: Resilience therapy and assessment services
- Telehealth Available
- Insurance & Fees: Aetna, Anthem, Care First, Cigna, GEHA, Healthkeepers Plus, Innovation, Lyra, Optima, United Health Care, Virginia Premier and some Medicaid Plans accepted; sliding scale
- Website: resiliencetherapy.net
- Address: 2335 Burton Street Southeast suite 210 Grand Rapids, MI 49506

Healing Minds Counseling Services, PLLC

- Phone: 616-287-0754
- Services Provided: Individual and group therapy, life and career coaching; all ages
- Telehealth Available
- Insurance: BCBS, Medicaid, OPTUM, UHC, Magnolia, Molina, and Ambetter
- Website: www.healingmindsgr.org
- Address: 5180 Kalamazoo Avenue Southeast Kentwood, Michigan 49508

Advanced Counseling and Therapy Services, LLC

- Phone: (616) 202-4444
- Services: Psychiatric rehabilitation counseling, psychological testing, cognitive behavioral therapy; all ages
- Insurance & Fees: BCBS and most other insurance; sliding scale
- Website: <http://advancedcounselingandtherapyservices.com/>
- Address: 2020 Raybrook Ave SE #305 Grand Rapids MI 49546

Mindful Counseling GR

- Phone: 616-425-2412
- Services Provided & ages: Individual therapy, trauma therapy; all ages
- Telehealth Available
- Insurance & Fees: Blue Cross Blue Shield PPO and Blue Care Network; sliding scale
- Website: <https://www.mindfulcounselinggr.com/>
- Address: 3351 Claystone St SE Suite G 32 Grand Rapids, MI 49546

